



APPLY FOR AN ASSISTANCE PACKAGE

(Victorian Mental Illness Mutual Self-Help and Peer Support Groups)

Expressions of Interest (EOIs)

Expressions of Interest are called for from new and established groups seeking capacity building support

- e.g. start up and consolidation support for new or emerging groups
- e.g. growth and developmental support for established groups
- e.g. inclusive communities leadership or issue advocacy projects

Successful Mental Illness-related Mutual Self-Help and Peer Support Groups will receive:

- An Assistance Package of up to \$2,000 to support their initiatives
- Capacity Building Support from VMIAC's DSO* to ILC* Project Officer
- Connection to a Network of Mutual Self-Help and Peer Support groups
- Access to our DSO* Inclusive Community Leadership Training program

Priority will be given to groups keen to contribute to ILC* Objectives and Outcomes (*see overleaf*)

Mental Illness Mutual Self-Help and Peer Support Groups

Successful Groups will:

- Be composed of People with a Lived Experience of Mental Illness
- Be Peer- (consumer/survivor) Led and be based in Victoria
- Have no other significant funding source
- Be Incorporated or Auspiced (*please inquire even if you don't currently have an auspice partner*)

Due Date – Assistance Packages EOIs must be received by Friday 25 January 2019

Expressions of Interest must include:

- A detailed Project Plan that includes dates for the achievement of milestones (*one page*)
- A detailed Project Budget that includes quotes for all expenditure items (*one page*)
- Any Support Group Social Media links e.g. website, Facebook and Twitter account
- Evidence of Incorporation or Partner Auspice Body details (*Financial Report/AGM minutes*)
- A completed Expression of Interest template (*one page - available by request from VMIAC*)

Successful groups are to act in accordance with the Intention of the Assistance Packages

Assistance Package Funds cannot be used to cover ongoing or accrued costs:

- e.g. wages for staff or fees for group members not associated with a project
- e.g. office supplies and administration costs not associated with a project
- e.g. meeting venue rent and / or premises hire and utility bills
- e.g. any pre-existing debts

Funds will be released to successful applicants in two payments, unless otherwise negotiated.

All Assistant Package funds must be expended and acquitted by or before **Friday 14 June 2019**.

Successful Applicants will acquit for the expenditure of all funds and participate in project evaluation.

For more information and to request an Assistance Package Expression of Interest (EOI) template, please contact VMIAC's DSO to ILC Community Development Project Officer, Daryl Taylor on:

email: daryl.taylor@vmiac.org.au

mobile: **0497 097 047**



THE DSO TO ILC PROGRAM

(Phase 2 Funded by the NDIA and DHHS)

The Disability Support Organisations (DSO) towards Information, Linkages and Capacity (ILC) is a capacity building program for Victorian Mental Illness Mutual Self Help and Peer Support Groups.

The Specific Outcomes sought by the DSO to ILC program

Victorian based Mental Illness-related Mutual Self-Help and Peer Support Groups will:

- **establish a higher profile within their communities**
- **improve their capacity in areas of governance, administration and securing sustainability**
- **be better resourced to provide support to consumers in line with objectives of ILC (below)**

Successful Applicants will address at least one outcome (above) and one objective (below) in their EOI

The Objectives of the DSO to ILC program

Mental Illness-related Mutual Self-Help and Peer Support Groups will

- *build individual capacity, community awareness and community capacity*
- *lead delivery by people with disability, for people with disability*
- *develop and implement short-term community development projects*
- *develop capacity to support mental health consumers*
- *grow peer support during this important transition*
- *provide targeted training, mentoring and assistance*
- *foster the growth and sustainability of peer support groups*
- *address key issues and challenges in a time of a reform and change*
- *support consumers access NDIS and exercise choice and control*
- *assist peer support groups networking and building alliances*
- *broker partnerships and alliances with community-based or state-wide organisations*
- *encourage consumers to be active members of communities*
- *support consumers to lead, shape and influence their communities*
- *build awareness of consumers among mainstream communities and service providers*
- *broker partnerships and alliances with specialist or expert service providers*
- *distribute NDIS and regional supports information resources*

Established Groups Criteria

groups must not have received a Phase One Assistance Package

groups must have been in existence and meeting regularly for at least a year

groups must not be currently in receipt of significant funds from another source

groups must build capacity towards delivering on the outcomes and objectives above

groups should link any proposed project work to the outcomes and objectives above

New or Emerging Groups Criteria

groups must not have received a Phase One Assistance Package

groups must be new, in start-up mode, or in existence for less than a year

groups must not be currently in receipt of significant funds from another source

groups should build capacity towards delivering on the outcomes and objectives above

groups should link any proposed project work to the outcomes and objectives above

Please Note: in Phase 2 there are 8 Assistance Packages in total available to 8 successful applicants