

Expression of Interest for the Consumer Perspective Supervision online training course in Victoria, 2021

Background

The *Consumer Perspective Supervision (CPS) Training Delivery Project* commenced in June 2020, with the roll out of the first CPS training in Victoria. This project followed on from the *CPS Training Development Project*, completed in 2019, which involved extensive consultations within Victoria to identify training needs for consumer perspective supervisors, supervisees, and managers/workers/interested others. A curriculum for Consumer Perspective Supervisors was developed, and due to the COVID-19 pandemic, a fully online version was delivered in the second half of 2020. Following on from the success of last year's CPS training, and in the light of continuing pandemic concerns, we are excited to offer the online course again.

The training aims to build discipline-specific Consumer Perspective Supervision capability and capacity in Victoria. The CPS course is written and facilitated by peer/consumer/lived experience leaders, supervisors and educators, most of whom are based in Victoria. In addition to the workshops, small group co-reflection sessions, which are a built in support for training participants, are provided by people with extensive experience in mental health peer/consumer/lived experience work.

Course information

The Consumer Perspective Supervision course provides training in discipline-specific supervision (as distinct from line management or clinical supervision), by and for the consumer/peer workforce, working in Victoria.

The course is open to people who are employed in a consumer/peer worker role in a Victorian state funded mental health service. Priority will be given to those who are currently providing discipline-specific supervision for consumer/peer workers, or anticipate that they will be providing this supervision in the future. This course is fully funded and is free. Expressions of Interest (EOIs) will be reviewed by a panel.

Eligibility:

- Participants have demonstrated experience working from a consumer perspective, in a lived experience role or roles.
- Participants are able to demonstrate that they currently support or provide discipline-specific supervision to Victorian consumer/peer workers, or are building their capacity to do so in the future.

- Participants are able to commit to actively participating in at least **80%** of online sessions (80% of a total 14 course sessions – see *Program Schedule for CPS online training* for details).
- Participants are able to commit to actively participating in 3 to 4 (x 1.5 hour) group co-reflection sessions over the duration of the course, and outside of online class time.
- Participants are able to actively contribute to weekly session evaluations (via survey monkey) as well as overall course evaluations (a focus group in the last week).
- Participants have reliable access to the internet, and a relatively quiet and private space for the course sessions. Access to Zoom (the online platform used for the course) via a computer for all online classes is required in order to participate in the variety of online class activities.

Course duration and times:

- The course will run weekly, on Tuesday mornings. Some sessions are longer than others. Sessions range between 2 to 4 hours, depending on content.
- The course itself will run for 13 weeks of sessions over a 17-week period (including 3 holiday weeks and a final evaluation and course celebration event in the last week).

*Course dates and times may be subject to changes or to minor variations.

Program schedule for CPS online training. August – November, 2021.		
Session #	CPS Workshop title or process	Date and time
Session 1	Orientation session (1 hour) CPS Background and context (2 hrs)	Tues 24 th Aug: 9:00 – 12:00 (3 hours)
Session 2	Discipline specific supervision & CPS	Double session Tues 31 st Aug: 9:00 – 1:00 (4 hours) includes ½ hr break between sessions
Session 3	The Consumer Perspective Framework – Values and Principles of CPS	
Session 4	Exploring CPS Principles. Using lived experience as a supervisor	Tues 7 th Sept: 9:30 – 11:30 (2 hours)
Session 5	Exploring valued attributes of a consumer perspective relationship	Double session Tues 14 th Sept: 9:00 – 1:00 (4 hours) includes ½ hr break between sessions
Session 6	Workplace contexts and the provision of CPS: ethical and practical considerations in negotiating the CPS relationship	

Break for two weeks		
Session 7	CPS: Clarifying CPS with a new supervisee	Tues 5 th Oct: 9:30 – 11:30 (2 hours)
Session 8	CPS: Core skills – Maintaining a reflective learning relationship	Tues 12 th Oct 9:30 – 11:30 (2 hours)
Session 9	Exploring Principle 6	Double Session Tues 19 th Oct 9:00 – 1:00 (4 hours) includes ½ hr break between sessions
Session 10	Fostering supervisee strengths & addressing work related needs	
Session 11	CPS Functions: Building a sense of connection and belonging within consumer/peer work and the movement	Tues 26 th Oct 9:30 – 11:30 (2 hours)
Break for one week (Melbourne Cup)		
Session 12	CPS Functions: Supporting the supervisee’s personal and professional development in their work context	Tues 9 th Nov 9:30 – 11:30 (2 hours)
Session 13	Issues and challenges for the practice of CPS	Tues 16 th Nov 9:30 – 11:30 (2 hours)
Session 14	Responding to a supervisee’s stress, distress and or trauma as a CPS supervisor	Tues 23 rd Nov 9:30 – 11:30 (2 hours)
Session 15	Managing systemic issues in CPS	Tues 30 th Nov 9:30 – 11:30 (2 hours)
Session 16	Final considerations for CPS supervisors	Tues 7 th Dec 9:30 – 11:30 (2 hours)
Final week	Overall course evaluations Closing session, celebrations & certificates	Tues 14 th Dec 9:30 – 11:30 (2 hours)

If you are interested in applying for the CPS Training, please complete the form attached.

For any course inquiries or questions please contact inside out & associates:

- Ph: 0435 348 168
- Email: sandy@insideoutconversations.com.au

Expression of Interest: Consumer Perspective Supervision course

Name: _____

Preferred address: _____

Preferred Email/s: _____

Preferred phone number/s: _____ (Work) _____ (Home)

Current lived experience (LE) role/s & position title/s: please describe...

Current Employer/s (relevant to LE role/s):

If you are an independent contractor (relevant to LE, consumer perspective work) please provide a brief description of the work that you do and your preferred position title:

Do you have reliable internet and the capacity to use a computer for all online Zoom training sessions?

Can you commit to completing at least **80%** of the course, as well as participating in 3-4 small group co-reflection sessions over the duration of the course?

Briefly describe what working from a 'consumer perspective' means to you.

Please outline your background and experience in consumer perspective work.

Describe how you plan to apply your CPS learning to the provision of discipline-specific supervision for consumer/peer workers (now or in the future), following completion of the Consumer Perspective Supervision course.

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Please email this EOI to: sandy@insideoutconversations.com.au by 5pm, Wed 11th Aug, 2021. When we receive your EOI we will email you a confirmation of receipt. If you have not heard from us within two working days, please contact us to check that it has been received.

We will notify you by email, by Friday 13th Aug, 2021 of the outcome of your EOI.