

THE TANDEM / VMIAC TICK

LIVED AND LIVING ENGAGEMENT AT A GLANCE

Checklist for engaging Consumers, Family, Carers and Supporters

Purpose

'The Tick' provides guidance as to how to ensure the Royal Commission's intent to place the lived/living experience of consumers and family, carers, and supporters at the centre of the Mental Health and Wellbeing System occurs.

The Commission is recommending a central role for people with lived experience of mental illness or psychological distress and families, carers and supporters in the ongoing design and development of the system (p.3 Vol 3 Royal Commission into Victoria Mental Health System)

The Tick is a tool to promote and support the safe and meaningful engagement of people with lived and living experience (LLE) as consumers and family, carers and supporters of those with mental health challenges in policy development and service planning.

Pre-Engagement

- Have you contacted **VMIAC**, the peak body for consumers, and, **Tandem**, the peak body for family, carers, and supporters, at the commencement of the reform initiative and agreed on the level of engagement?
- Are you using the **Mental Health Lived Experience Engagement Framework (The LEEF)** as your guide? <https://www.dhhs.vic.gov.au/publications/mental-health-lived-experience-engagement-framework>
- Is the project inclusive of reasonable **timeframes** allowing for **fair** informed and considered responses to documentation?

Type of Request*	Required notice period
Consult/Involve level of engagement request	Minimum of 4 weeks
Late stage/confirmed requests for example, requests received <u>with</u> confirmed engagement goals, dates and times	
Co-design/Co-produce level of engagement request	Minimum of 6 weeks
Early stage/Requests in development for example, requests received <u>without</u> confirmed engagement goals, dates and times	

* See the **2022 PAY SCALE FOR VMIAC AND TANDEM REGISTERS** including the *Engagement Continuum* for more information

Engagement

- Have you budgeted for **funded** engagement of people with lived experience (consumers, family, carers and supporters) through the registers, as per the agreed rates?
- Have you taken steps to ensure the **safe** participation of Tandem/VMIAC staff and register participants?
- Is the **information** being provided **inclusive, accessible and supportive** to the needs of consumers, family, carers and supporter participants?

Post-Engagement

- Does the project plan and budget include evaluation/feedback activities for participants to encourage shared ownership?
- Are there processes to communicate to LLE participants (individually or via the peaks) on how their contribution is being used and/or its impacts?

Contacts

<p>Tandem <i>Peak body for family, carers, and supporters</i></p> <p>Wurundjeri Country Ground floor, 70 Trenerry Crescent Abbotsford 3067 VIC P 8803 5555 F 8803 5599</p> <p>www.tandemcarers.org.au mhcregister@tandemcarers.org.au</p>	<p>VMIAC <i>Peak body for consumers</i></p> <p>Wurundjeri and Bunurong Country Level 3, 211 Chapel St Prahran 3181 VIC P 9380 3900</p> <p>vmiac.org.au consumeregister@vmiac.org.au</p>
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Other Useful Links

VMIAC Register vmiac.org.au/get-involved/register

Tandem Register tandemcarers.org.au/Web/Policy/Tandem-Participant-Register/Join-the-Tandem-Participation-Register-.aspx

Tandem - Working with the Register tandemcarers.org.au/Web/Web/Policy/Participant-Register/Working-with-the-Tandem-Mental-Health-Carer-Register.aspx