



Helping your voice be heard

VMIAC provides advocacy and support for Victorians with a lived/living experience of mental health challenges and/or emotional distress.

General and NDIS Advocacy

We help consumers work through issues with mental health services like complaints and appeals.

Membership and Consumer Representation

We support the centering of consumer voices in system reform and the building of our consumer community.

Lived/Living Experience Workforce Development

We are developing training, communities of practice, and research grants for the LLE workforce.

Research and Policy

We help to shape ideas around mental health through developing research and policy responses from a consumer perspective.

Find out more via our website:



Or Contact VMIAC directly:

Opening Hours: 9.30am – 4.30pm, Mon – Fri

Phone: (03) 9380 3900

Email: reception@vmiac.org.au

Website: www.vmiac.org.au

