The Hearing Voices Approach

Three Day Training (Online)

Are you distressed by hearing voices or do you support someone who is?

The Hearing Voices Approach is the peer-led recovery model for people who hear voices, see and sense things around them that others do not. This training aims to provide tools to assist people to alleviate distress associated with voices and work towards a meaningful life.

This training will give you a solid understanding of the Hearing Voices Approach and the confidence to apply it in many practical settings.

These skills are transferrable either for yourself, in your work as a mental health professional or in your family/home environment.

Dates	16, 17, 23 March 2021
Time	9.45am – 3:30pm daily
Venue	Online via Zoom
Fees	Early Bird: $550 (ends February 15th) Concession/Student: $485 Full: $680

*"As a Crisis Support Worker at Life Line I particularly found the workshop on Hearing Voices very informative. To me it is far more powerful to have any workshop delivered by people who are strong and brave enough to share their **own** story. How they cope, what works for them, what/how what we say can help."*

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This training also includes **Voice Profiling**, a set of techniques which improve the understanding of the voices a person experiences.
The tools and strategies used in this training include:

- Identifying 'distinct' voices
- Linking the voices to the individual's life history
- Searching for patterns and meaning of the voices
- Seeking to understand the voice's message or intent, and
- Breaking down the experience into manageable parts

This course is ideal if you:

- Want to better understand the experience of hearing voices & recovery
- Want to start a hearing voices group
- Are interested in a new approach to working with individuals on their voices
- Want to change your own relationship with voices
- Work with voice hearers in a clinical or community setting
- Are a friend or family member of a voice hearer

Book Tickets:
https://www.eventbrite.com.au/e/voices-vic-hearing-voices-approach-training-tickets-133172862617

AASW Endorsed CPD

Level 1 Endorsement

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