

The Hearing Voices Approach



Four Day Training (Online)

Are you wanting to learn more about the Hearing Voices Approach and setup a Hearing Voices Group?

This interactive 4-day training is for people wanting to start and/or (co-) facilitate a Hearing Voices Support Group. The first two days will cover an in-depth understanding of the *Hearing Voices Approach* and the second half of the training will cover *Voice Profiling & the setup tools & strategies for getting a hearing voices support group started.*

The Hearing Voices Approach is the peer-led recovery model for people who hear voices, see and sense things around them that others do not. This training provides tools to assist people to alleviate distress associated with voices and work towards a meaningful life.

Dates	13, 14, 20, 21 st April
Time	9:30am – 3:00pm daily
Venue	Online via Zoom
Fees	Early Bird: \$760 (ends Mar 31) Concession/Student: \$635 Full: \$825

This training also includes **Voice Profiling & Hearing Voices Group Facilitation**, which will give you a set of techniques to improve the understanding of the voices participants in a group can experience.

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The tools and strategies used in this training include:

- Identifying 'distinct' voices
- Linking the voices to the individual's life history
- Searching for patterns and meaning of the voices
- Breaking down the experience into manageable parts
- A framework to utilise that underpins group work
- Exploring practical tips, guidelines and processes related to the development and sustainability of Hearing Voices Groups

This course is ideal if you:

- Want to better understand the experience of hearing voices & recovery
- Want to start a hearing voices group
- Are interested in a new approach to working with individuals on their voices
- Want to change your own relationship with voices
- Work with voice hearers in a clinical or community setting
- Are a friend or family member of a voice hearer
- Want to setup a Hearing Voices Group
- Want to advance your facilitations skills for running a Hearing Voices Group

Book Ticket:

<https://www.eventbrite.com.au/e/online-hearing-voices-group-facilitation-training-tickets-138705914123>



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