

An invitation to explore dialogical ways of working in mental health and social crises, repeated to connect with people across different time zones

“IT’S OUR JOB NOT TO LEAVE THEM ALONE”

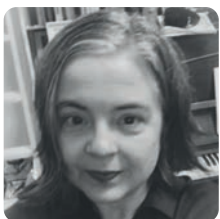
- MARKKU SUTELA

The need to be heard and responded to is fundamental to us as human beings. Yet, in health and social care services we are often focused more on what we can do when someone in crisis as opposed to how we can truly ‘be with’ them and their loved ones. Whilst this approach has its merits, many of us can easily recall times where those we have wished to help have left feeling unheard, disconnected and/or harmed.

Open Dialogue is an approach that originated Western Lapland where system, philosophy and practice have been developed to complement and support the nurturing of dialogue between people in crisis situations. It has gained an increasing following across the world, with proponents being excited by the outcomes (especially with those diagnosed with forms of psychosis) and the way in which this approach fits within an ethical, trauma informed and human rights-based way of working. The key principles and elements of Open Dialogue have been adapted in its various implementations - it is an approach that can be used in response to local contexts, rather than one that is imposed irrespective of this.

In a multi-cultural society where there is no single way of understanding the world and our experience of it, these dialogical ways of working provide a structure for both respecting our differences whilst fostering the connections and resources needed to survive and grow in challenging times.

THE TRAINING TEAM ...



ISEULT TWAMLEY



MIA KURTTI



RAI WADDINGHAM

Experienced international trainers in dialogical approaches to psychosocial crises, each bringing considerable lived and professional expertise.

19-20 April 2021: Europe, Africa

24-25 May 2021: Americas

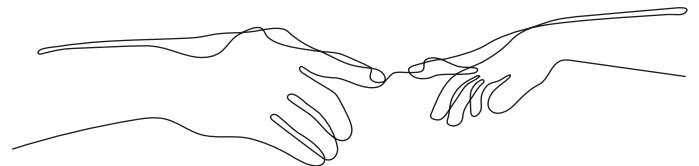
9, 10, 16 & 17 June 2021 (half days):

Asia and the Pacific, Central Asia, Middle East, Africa and Europe.

THIS IS AN INVITATION TO ...

- ✦ Explore what it means to be ‘in dialogue’ with others and what this might offer in our lives and work
- ✦ An embodied experience of dialogic relating – listening and responding to self and others
- ✦ Learn more about dialogic approaches to mental health and social crises, and some of the different ways these have been implemented around the world.
- ✦ An opportunity to connect with others, creating collaborative communities that will last beyond the training
- ✦ A learning space where lived and professional voices and experiences are welcomed and can be explored together.

This online workshop combines presentations, practice examples, experiential exercises and space for dialogue.



WE WELCOME ...

This workshop is suitable for anyone interested in using these ideas and practices to support and connect with others, including those engaged in nursing, psychology, psychiatry, peer support, community development work, social care, occupational therapy, counselling and more.

Please note, this is an English-language workshop.

To book, see: <https://dialoguerevolution.com>

For info, email: info@dialoguerevolution.com

DATES/TIMES

In order to offer training that can be accessible around the world, **we are repeating this workshop at different times.** We have offered the times in UTC. You can use www.thetimezoneconverter.com to find out what time this relates to in your local area.

OPTION A: 19-20 APRIL 2021

Times suitable for: Europe, Africa

09.00-17.00 UK/Ireland (08.00-16.00 UTC)

OPTION B: 24-25 MAY 2021

Times suitable for: Americas

14.00 - 22.00 UK/Ireland (13.00-21.00 UTC)

OPTION C: 9, 10, 16 & 17 JUNE (HALF DAYS)

Times suitable for: Asia and the Pacific, Europe and Central Asia, Middle East, Africa.

07.00-10.30 UK/Ireland (06.00-09.30 UTC)

FEES

€275 - Standard (attendees funded by statutory, commercial or large charities/NGOs)

€175 - Reduced (self-funding attendees, and those funded by smaller charities)

A limited number of scholarships are available on a first-come first served basis. Please email us for details.

FUTURE TRAINING - ONE YEAR FOUNDATION

We are offering this training as a precursor to an **online one year foundation training** that we hope to offer online in the autumn. We are currently seeking accreditation for this at PGCert level (30 ECTS credits, 60 CATS credits). **Please sign up to our mailing list to keep updated.**



ISEULT TWAMLEY

Iseult is a Clinical Psychologist and Open Dialogue Trainer/Supervisor with added experience as a family member and a survivor of trauma. She is the Clinical Lead of the Irish Open Dialogue Implementation in West Cork, which she helped to set up in 2012. Iseult has taught and supervised on a range of Psychotherapy and Clinical Psychology Training at universities in Ireland and the UK. She has been involved in Open Dialogue training and supervision in the UK, Italy, Australia, Switzerland and Israel. Iseult is passionate about approaches to mental health that address collaborative and co-productive practice.



MIA KURTTI

Mia is a nurse, MSc, Family Therapy and Open Dialogue trainer and supervisor. She has been working in mental health services as a nurse in Western Lapland, Finland since 2002. She has also been a trainer on many international Open Dialogue/ Collaborative training programmes. One of Mia's aims in training is to open and expand the dialogue in a way that increases people's own creativity and resourcefulness. In her role as a trainer she is keen to emphasise and invite people who work in mental health settings to explore their own life narratives and the impact that these stories have on their current professional practice.



RAI WADDINGHAM

Rai is an Open Dialogue Practitioner, international trainer and has experience of creating, establishing and managing innovative peer support-based projects in a range of contexts, including youth, prison, forensic, inpatient and community. She has personal experience of hearing voices, psychosis, trauma, self-harm and hospitalisation and blends knowledge gained through lived experience with that of practice and training. As a trainer, Rai has facilitated courses and workshops in many countries including USA, Bosnia, Serbia, Prague, Israel and Australia. Rai is current undertaking a PhD in survivor knowledge.