

# Consumers Leading in Governance – Pilot Program



## Information for participants

*Consumers Leading in Governance* is a pilot governance training and development program for mental health consumers that offers both theoretical and practical learning experience. Its objective is to build capacity of mental health consumers to participate in governance arrangements across the new mental health system, as recommended by the Royal Commission into Victoria's Mental Health System.

The pilot program will commence in 2022 and is eight months long. It has two, complementary components: a training component and a placement component.

### Who is eligible to participate?

- Persons who identify as consumers in the mental health system, meaning they have lived experience of mental health challenges and/or emotional distress.
- Those with strong consumer participation/lived experience workforce experience.
- Emerging leaders ready to take the next step in their consumer leadership journey.
- Those able to attend one of the two offered on line training courses.
  - 28 April, 29 April, 2 May, 3 May 2022
  - 12 May, 13 May, 16 May, 17 May 2022

### What is involved?

This program involves attending four days of online training comprising eight modules relating to the consumer perspective and governance skill-building, with each module being presented by a leading subject matter expert and a consumer co-facilitator.

Once you have completed the training component, you will then undertake the placement component. As part of the placement, you will be allocated a board member mentor, and attend at least three board and/or sub-committee meetings. After each of these meetings, you will have the opportunity to debrief with your mentor to further your understanding.

There will be an in-person graduation at the end of the program. Upon graduating participants will be part of an alumni network with access to guest speakers and opportunities for networking.

### When will the placements take place?

Placements must be completed between May 2022 and October 2022.

### How are participants chosen for the program?

Participants are chosen through an application process. Some participants are nominated by organisations that are sponsoring the program.

All participants will meet with a VMIAC selection panel to confirm their place.

### How are participants supported?

Participants will be provided with an online briefing prior to the commencement of their placements, as well as scheduled check-ins during the placement period.

The Project Team at VMIAC will be available for inquiries and support throughout the course of the placement.

### For more information...

please contact the Project Team at [governance@vmiac.org.au](mailto:governance@vmiac.org.au)