

Physical Health Experiences of People who have  
Accessed Mental Health Services and Supports:  
A qualitative research and online resource  
development project

## An invitation to participate in research

*Have you accessed mental health services AND have lived experience of  
related physical health concerns?  
Are you over 18 years? Do you live in Victoria or New South Wales?*

Then we would like to hear from you!

This research project is aimed at understanding people's experiences of physical wellbeing while living with mental health concerns. We want to learn more about people's experiences to improve knowledge and inform service provision.

### Why participate?

With this information, we will produce a publicly available online resource to support people with lived experiences of physical and mental health concerns, and to inform and educate service providers and policy-makers.

Participation will involve an interview with one of our researchers.

Please go to [this website](#) or contact us if you are interested in participating or would like to hear more about the project.

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This research is being conducted by RMIT University and Charles Sturt University.