

## RANK | Adult mental health units

Rank <i>Best to worst this report</i>	Hospital <i>(Managing organisation)</i>	Change in Rate		This year 2020 - 2021		Last year 2019 - 2020		
		Since last year	+ / -	Average seclusion rate	Quarterly targets met (0-4)	Average seclusion rate	Quarterly targets met (0-4)	Rank
1	Frankston Hospital <i>(Peninsula Health)</i>	▲	+0.4	1.4	4	1.0	4	1
2	Casey Hospital <i>(Monash Health)</i>	▲	+0.5	2.2	4	1.7	3	3
3	St Vincents Hospital <i>(St Vincent's Health)</i>	▼	-1.2	2.5	4	3.7	4	4
4	Latrobe Regional Hospital <i>(Latrobe Regional)</i>	▲	+1.6	2.7	4	1.1	4	2
5	Austin Hospital <i>(Austin Health)</i>	▼	-3.2	4.3	4	7.5	4	11
6	Monash Medical Centre <i>(Monash Health)</i>	▼	-1.7	4.6	4	6.3	4	9
7	Orygen Youth <i>(Melbourne Health)</i>	▲	+1.3	5.1	3	3.8	4	5
8	Royal Melbourne Hospital <i>(Melbourne Health)</i>	▼▼	-5.3	5.7	4	11.0	4	13
9	Bendigo Hospital <i>(Bendigo Health)</i>	▲	+1.5	6.6	4	5.1	4	6
10	Wangaratta District Base Hospital <i>(Albury Wodonga Health)</i>	▲	+1.4	6.9	3	5.5	4	7
11	Warrnambool Base Hospital <i>(South West Healthcare)</i>	▼	-1.8	7.0	3	8.8	3	12
12	Shepparton Hospital <i>(Goulburn Valley Health)</i>	▼▼	-11.3	7.5	3	18.8	2	21
13	Alfred Hospital <i>(Alfred Health)</i>	▲	+2.6	8.2	4	5.6	4	8
14	Box Hill Hospital <i>(Eastern Health)</i>	▼	-4.6	9.5	2	14.1	2	17
15	Dandenong Hospital <i>(Monash Health)</i>	▲	+3.6	10.0	3	6.4	4	10
16	Geelong Hospital <i>(Barwon Health)</i>	▼▼	-8.3	11.6	2	19.9	1	23
17	Maroondah Hospital <i>(Eastern Health)</i>	▼	-0.5	12.9	1	13.4	3	16
18	Mildura Base Hospital <i>(Ramsay Healthcare)</i>	▲	+2.0	13.2	1	11.2	3	14
19	Northern Hospital <i>(Melbourne Health)</i>	▼	-1.1	15.2	0	16.3	3	18
20	Werribee Hospital <i>(Mercy Health)</i>	▲	+3.8	16.7	1	12.9	3	15
21	Ballarat Base Hospital <i>(Ballarat Health)</i>	▼	-2.3	17.0	0	19.3	0	22
22	Broadmeadows Hospital <i>(Melbourne Health)</i>	▲	+0.7	17.1	1	16.4	1	19
23	Sunshine Hospital <i>(Melbourne Health)</i>	▲	+2.3	20.7	1	18.4	0	20

# Mechanical restraint 2020-2021

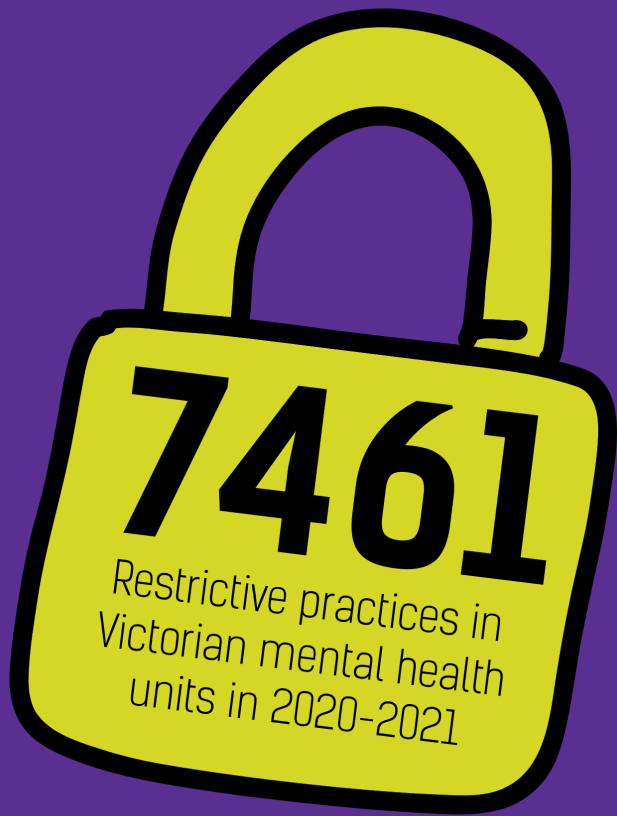
## RANK | Adult mental health units

Hospital (Managing organisation)	2020 - 2021 (this year)				2019 - 2020 (last year)			
	Rank	Annual mechanical restraint rate	Change since last year (2019-2020)		Rank	Annual mechanical restraint rate	Change since last year (2018-2019)	
Warrnambool Base Hospital (South West Healthcare)	1	0.0	—	0.0	1	0.0	—	0.0
Ballarat Base Hospital (Ballarat Health)	2	0.0	—	0.0	2	0.0	▼	-0.5
Mildura Base Hospital (Ramsay Healthcare)	3	0.0	▼	-0.4	3	0.4	▲	+0.4
Wangaratta District Base Hospital (Albury Wodonga Health)	4	0.2	▼	-0.9	10	1.1	▼	-0.4
Bendigo Hospital (Bendigo Health)	5	0.2	▲	+0.2	4	0.0	—	0.0
Dandenong Hospital (Monash Health)	6	0.2	▼	-0.1	9	0.3	▲	+0.2
Shepparton Hospital (Goulburn Valley Health)	7	0.2	—	0.0	7	0.2	—	0.0
Orygen Youth (Melbourne Health)	8	0.2	—	0.0	8	0.2	▼	-0.3
Broadmeadows Hospital (Melbourne Health)	9	0.2	▲	+0.1	5	0.1	▲	+0.1
St Vincents Hospital (St Vincent's Health)	10	0.2	▲	+0.1	6	0.1	▼	-0.1
Casey Hospital (Monash Health)	11	0.3	▲	+0.3	11	0.0	▼	-0.6
Monash Medical Centre (Monash Health)	12	0.5	▼	-0.2	13	0.7	▲	+0.2
Frankston Hospital (Peninsula Health)	13	0.5	▲	+0.2	12	0.3	▼	-0.7
Alfred Hospital (Alfred Health)	14	0.7	▼	-0.3	14	1.0	▲	+0.3
Northern Hospital (Melbourne Health)	15	0.9	▲	+0.3	15	0.6	▼	-0.2
Werribee Hospital (Mercy Health)	16	1.2	▲	+0.2	16	1.0	▼	-0.6
Geelong Hospital (Barwon Health)	17	2.1	▲	+2.0	17	0.1	▼	-1.8
Royal Melbourne Hospital (Melbourne Health)	18	2.1	▲	+1.3	18	0.8	▲	+0.3
Latrobe Regional Hospital (Latrobe Regional)	19	2.3	▼	-0.5	19	2.8	▲	+0.7
Sunshine Hospital (Melbourne Health)	20	2.5	▲	+0.9	20	1.6	▲	+1.0
Austin Hospital (Austin Health)	21	3.0	▲	+1.7	21	1.3	▲	+0.9
Maroondah Hospital (Eastern Health)	22	4.5	▼	-1.3	22	5.8	▼	-0.5
Box Hill Hospital (Eastern Health)	23	4.6	▼▼	-6.7	23	11.3	▲	+4.6

# Physical restraint 2020-2021

## RANK | Adult mental health units

Hospital (Managing organisation)	2020 - 2021 (this year)				2019 - 2020 (last year)			
	Rank	Average physical restraint rate	Change since previous year (2019-2020)		Rank	Average physical restraint rate	Change since previous year (2018-2019)	
Royal Melbourne Hospital (Melbourne Health)	1	4.9	▼▼	-6.0	15	10.9	▲	+0.3
Alfred Hospital (Alfred Health)	2	5.1	▲	+1.7	2	3.4	▼	-0.2
Monash Medical Centre (Monash Health)	3	5.9	▼	-2.2	6	8.1	▼	-0.5
Wangaratta District Base Hospital (Albury Wodonga Health)	4	6.0	▲	+4.5	1	1.5	▼	-1.1
Box Hill Hospital (Eastern Health)	5	6.5	▲	+0.6	4	5.9	▲	0.0
Austin Hospital (Austin Health)	6	6.8	▼	-3.8	12	10.6	▲	+3.3
Warrnambool Base Hospital (South West Healthcare)	7	8.0	▼	-1.3	8	9.3	▼	-0.1
Frankston Hospital (Peninsula Health)	8	8.2	▼	-3.3	16	11.5	▼▼	-8.5
Latrobe Regional Hospital (Latrobe Regional)	9	8.7	▲	+2.9	3	5.8	▼	-0.7
Ballarat Base Hospital (Ballarat Health)	10	9.6	▼	-1.2	13	10.8	▲	+1.2
Sunshine Hospital (Melbourne Health)	11	10.5	▼	-1.2	17	11.7	▲▲	+5.5
Maroondah Hospital (Eastern Health)	12	13.0	▼	-1.6	10	10.1	▲▲	+6.6
Werribee Hospital (Mercy Health)	13	13.0	▲	+3.7	8	9.3	▲	+1.3
Shepparton Hospital (Goulburn Valley Health)	14	13.0	▲	+2.9	21	14.6	▲	+4.8
Dandenong Hospital (Monash Health)	15	13.4	▲	+6.8	5	6.6	▲	+0.2
Casey Hospital (Monash Health)	16	14.1	▲	+3.3	20	14.4	▲	+4.2
Mildura Base Hospital (Ramsay Healthcare)	17	14.1	▼	-0.3	13	10.8	▲	+3.2
Broadmeadows Hospital (Melbourne Health)	18	14.6	▲	+5.4	10	10.1	▲	+1.0
Orygen Youth (Melbourne Health)	19	14.6	▲	+4.5	7	9.2	▲	+4.2
Geelong Hospital (Barwon Health)	20	16.8	▼	-1.4	23	18.2	▲	+4.0
Northern Hospital (Melbourne Health)	21	16.9	▲	+2.8	19	14.1	▲	+4.9
Bendigo Hospital (Bendigo Health)	22	20.3	▲	+8.6	17	11.7	▼	-3.5
St Vincents Hospital (St Vincent's Health)	23	20.4	▲	+4.4	22	16.0	▼	-3.5



How many  
more before  
we stop?

## The Seclusion Report #3

Full report available online

[www.vmiac.org.au](http://www.vmiac.org.au)



**VMIAC**  
*by and for consumers*