



**VMCIAC**

*by and for consumers*

# Our Advocacy Services



**Mental Health information and advocacy for adults living in Victoria.**



## Our General Advocacy Services

**Our General Advocacy Services are for people over 18 who live in Victoria and have a living/lived experience of mental health challenges.**

We can assist with a wide variety of short-term advocacy issues including:

- communicating treatment preferences with mental health services
- consumer rights in relation to mental health
- linkages to other supports where appropriate.

**Our most common advocacy matters include:**

- helping ensure consumer voices are heard and rights are upheld by treating teams
- navigating complaints processes for mental health services
- enhancing skills in self-advocacy.

## Find Out More

Get in contact with our General Advocacy team or find out more on the VMIAC website here:

 03 9380 3900    [reception@vmiac.org.au](mailto:reception@vmiac.org.au)    [www.vmiac.org.au](http://www.vmiac.org.au)