



living in Victoria.



## **Our General Advocacy Services**

Our General Advocacy Services are for people over 18 who live in Victoria and have a living/lived expereince of mental health challenges.

We can assist with a wide variety of short-term advocacy issues including:

- communicating treatment preferences with mental health services
- consumer rights in relation to mental health
- linkages to other supports where appropriate.

## Our most common advocacy matters include:

- helping ensure consumer voices are heard and rights are upheld by treating teams
- navigating complaints processes for mental health services
- enhancing skills in self-advocacy.

## **Find Out More**

Get in contact with our General Advocacy team or find out more on the VMIAC website here:

🔲 03 9380 3900 🛛 reception@vmiac.org.au 🌐 www.vmiac.org.au