

WANT TO DO **MORE** TO HELP INFLUENCE CHANGE?

Write letters to politicians—it really can make a difference!

Write to local members and candidates:

Your local member of parliament <ul style="list-style-type: none"> Find out your electorate here Find your Member of Parliament (MP) and their address here 	Other candidates running in your electorate <ul style="list-style-type: none"> The Victorian Electoral Commission will list candidates for each electorate online here
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Write to the Mental Health Minister and shadow ministers:

Martin Foley MP Minister for Mental Health (ALP) Ministerial Office Level 22/50 Lonsdale St Melbourne VIC 3000 Or email: minister.foley@dhhs.vic.gov.au	Emma Kealy MP Shadow Minister for Mental Health (National Party/coalition) Office of Emma Kealy 114 Firebrace Street Horsham VIC 3400 Or email: emma.kealy@parliament.vic.gov.au	Lidia Thorpe MP Mental Health Portfolio (Greens) Office of Lidia Thorpe 4/404-414 High Street Northcote VIC 3070 Or email: Lidia.Thorpe@parliament.vic.gov.au
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LETTER WRITING TIPS

- Check out [these great tips](#) for writing political letters at Oxfam:
- If it helps, quote information from [VMIAC's election documents](#)—but try to add personal details for more impact.
- Tell them the issue/s that will influence how you vote, and what you want them to do.

If you support our campaign, help build VMIAC's influence:

Help us show the politicians that we have strong support:

- Follow VMIAC on [Facebook](#) & [Twitter](#), then like and share our posts and tweets.
- Become a VMIAC member. You can join on our [website](#), or grab a brochure.

Help us show politicians & voters why our issues matter:

- Submit your story to VMIAC for use in our campaigns.

Are you an ally?

- Next year we'll be launching the VMIAC Allies Network, so keep an eye on social media.
- Become an associate member of VMIAC.

Never, ever, ever give up hope!!!

www.vmiac.org.au

